In 2012, the Ministry of Health launched the Healthcare 2020 Masterplan. Its goals were to improve access, affordability and quality of healthcare services for Singaporeans. Many improvements have since been made.

“Healthcare 2020 will ensure that Singaporeans always have access to good quality and affordable health care. After all, this is integral to an inclusive society.”

- Minister for Health Gan Kim Yong, Committee of Supply 2012
We are expanding our services and building new facilities to make it easier for Singaporeans to seek healthcare.
New polyclinics and clinics...nearer your homes!

**NUMBER OF PRIMARY CARE FACILITIES**

<table>
<thead>
<tr>
<th>Location</th>
<th>Polyclinics</th>
<th>Family Medicine Clinics (FMCs)</th>
<th>Community Health Assist Scheme (CHAS) Clinics</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2015</strong></td>
<td>18</td>
<td>6</td>
<td>~ 850 GP Clinics ~ 600 Dental Clinics</td>
</tr>
<tr>
<td><strong>Upcoming</strong></td>
<td>3 Polyclinics</td>
<td>1 Primary Care Centre</td>
<td>1 Family Medicine Clinic</td>
</tr>
</tbody>
</table>

NEW Lakeside FMC
NEW Frontier FMC
UPCOMING Pioneer Family Healthcare Centre
UPCOMING Bukit Panjang Polyclinic
UPCOMING Sembawang Primary Care Centre
UPCOMING Yishun Polyclinic
UPCOMING Pinggol Polyclinic
UPCOMING Hougang FMC
EXPANDING Ang Mo Kio Polyclinic
EXPANDING Bedok Polyclinic
EXPANDING Bedok FMC
EXPANDING Marine Parade Polyclinic
CENTRAL CHAS Clinics: ~300 GP clinics ~500 Dental Clinics
NORTH CHAS Clinics: ~150 GP clinics ~50 Dental clinics
NORTH EAST CHAS Clinics: ~150 GP clinics ~50 Dental clinics
EAST CHAS Clinics: ~150 GP clinics ~50 Dental clinics

*BETTER ACCESS | PRIMARY CARE*
Our **healthcare professionals** are at the heart of patient care.

Our healthcare professional workforce has **expanded by 9,000** between 2011 and 2014. We are on track to expand by another 11,000 by 2020.

We enhanced salaries across all professions, with additional funding from government, and improved career progression to improve retention.

### Larger Intakes

- In 2015, local medical and nursing intakes up by 29% and 17% compared to 2012
  - Established Singapore’s third medical school, the Lee Kong Chian School of Medicine
- New allied health degree programmes at the Singapore Institute of Technology from 2016

### Better Career Development

- National Nursing Taskforce recommendations to boost nursing profession. New Assistant Nurse Clinician role introduced
- Greater support to encourage doctors to undergo post-graduate training in family medicine

### Enhanced Recognition

- Salary increases for public healthcare and MOH-funded intermediate and long-term care sector staff

### Building Further Skills and Knowledge

- Increased funding, training and a dedicated AIC Learning Institute for staff working in long-term care
Under the Community Health Assist Scheme (CHAS), lower to middle-income Singaporeans enjoy subsidies at private GP and dental clinics, for:
- acute illnesses
- chronic illnesses
- recommended screening
They can also be referred to subsidised specialist care through CHAS clinics.

For long-term care services—higher subsidies, with more patients able to enjoy subsidies.

For subsidised specialist care in the public hospitals —**patient pays up to 40% less.**

For standard outpatient drugs in the public hospitals and polyclinics—**patient pays up to 50% less.**

1.3 million Singaporeans of all ages are now on CHAS, almost **40 times** the number in 2011.

**PIONEER GENERATION PACKAGE**

... helps **450,000 Pioneers** with their healthcare costs for life.

- Additional 50% off subsidised outpatient care in hospitals and polyclinics
- Special CHAS subsidies
- Cash of $1,200 a year for the moderately to severely disabled

Example: **79-year old Mrs Tan**

Mrs Tan sees the specialist at a public hospital four times a year for her hypertension and high cholesterol. For each visit, she used to pay:
- a subsidised rate of $120 for tests and consultation, and $60 for medications

**With higher specialist care subsidies and the Pioneer subsidies, she now pays:**
- $50 for tests and consultation and $12 for medications — **one third of what she used to pay**

**Government Spending in Healthcare ($bn)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Spending</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>$4bn</td>
</tr>
<tr>
<td>2015</td>
<td><strong>$10bn</strong></td>
</tr>
</tbody>
</table>

**2.5x**
MORE AFFORDABLE | Patients Pay Less for Healthcare

Universal healthcare insurance for lifelong protection

From 1 Nov, MediShield Life will give better protection, for all Singaporeans, for life. This is part of a more inclusive society, where we look after one another.

Subsidies help to ensure premiums remain affordable:

- Transitional subsidies for Singapore Citizens who experience an increase in premiums from MediShield to MediShield Life
- For lower to middle-income Singaporeans, premium subsidies of up to 50%
- For Pioneers, premium subsidies of 40% to 60%, with annual Medisave top-ups of $200 to $800 for life, so that they pay less for MediShield Life than MediShield
- Additional assistance for the needy

Example: 60-year old Mr Bala

Mr Bala had a heart attack and was hospitalised for 10 days in a B2 ward.

- His bill after government subsidy is about $8,000. (This is a large hospital bill, above the 90th percentile.)
- Under MediShield today, he pays about $5,000 with Medisave or cash, MediShield pays the rest
- With MediShield Life, his Medisave or cash payment will be halved to $2,500—MediShield Life will pay the remaining $5,500

Expanded Medisave use to reduce out-of-pocket payment

- Flexi-Medisave, for seniors to use additional $200/ year for outpatient medical treatment
- $300/ year for outpatient scans
- 19 chronic conditions, up from 10 conditions in 2011, covered at $400/ year

To help Singaporeans build up more Medisave for their healthcare needs:

- Additional 1% point Medisave contribution from employers since Jan 2015
- Government top-ups for lower-income, elderly under GST-Voucher scheme
- An increase from $3,000 to $4,000 in Medisave Grant for newborns born on or after 1 Jan 2015
SERVICES AND FACILITIES FOR OUR ELDERLY

We are expanding home care services and eldercare centres so that we can help our seniors to be cared for at home, as they prefer. Nursing home care will also be expanded, for seniors who cannot be cared for at home.

More Aged Care Services

<table>
<thead>
<tr>
<th>Services</th>
<th>2011</th>
<th>2014</th>
<th>Targeted (2020)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home Healthcare</td>
<td>3,800 places</td>
<td>6,500 places</td>
<td>10,000 places</td>
</tr>
<tr>
<td>Home Palliative Care (for the end of life)</td>
<td>3,800 places</td>
<td>5,000 places</td>
<td>6,000 places</td>
</tr>
<tr>
<td>Eldercare Centres</td>
<td>2,100 places</td>
<td>3,100 places</td>
<td>6,200 places</td>
</tr>
<tr>
<td>Nursing Home Care</td>
<td>8,800 beds</td>
<td>9,800 beds</td>
<td>17,000 beds</td>
</tr>
</tbody>
</table>

BETTER QUALITY

Enhanced standards for nursing homes and guidelines for eldercare centres, home care and end-of-life care, ensure that our seniors receive better, more holistic and safer care.
THE MINISTERIAL COMMITTEE ON AGEING UNVEILED KEY NEW FEATURES OF A $3 BILLION NATIONAL PLAN TO HELP SINGAPOREANS AGE CONFIDENTLY AND LEAD ACTIVE LIVES, WITH STRONG BONDS WITH FAMILY AND COMMUNITY.

MORE THAN 60 INITIATIVES OVER 12 AREAS

**Opportunities for all ages**
- Workplace Longevity
- Learning Opportunities
- Volunteerism
- Health and Wellness
- Retirement Adequacy

**Kampong for all ages**
- Social Inclusion
- Protection for vulnerable elderly

**A city for all ages**
- Healthcare and aged care
- Senior friendly housing
- Senior friendly transport
- Senior friendly public spaces and parks
- Research into ageing

“Longevity is something that we can celebrate, we can look forward to. We can help Singaporeans age more successfully to make their senior lives more exciting, more rewarding, more fulfilling.”

- Minister for Health Gan Kim Yong, 26 Aug 2015

**SG50 SENIORS PACKAGE**
Special benefits for more than 700,000 seniors since May this year. The package includes more than 200 types of offers for Dining, Leisure, Lifelong Learning, Lifestyle and Wellness.

**OTHER SUPPORT**

**Seniors’ Mobility and Enabling Fund**... provides subsidies for seniors in the community for:
- wheelchairs, pressure relief cushions, commodes and other devices
- diapers, wound dressings and other consumables
- transport to eldercare and dialysis centres

**Foreign Domestic Worker grant** of $120 for families with an elderly with moderate disability, to help with the cost of employing a foreign domestic worker.
Launched in 2014, the Plan promotes healthy living as accessible, natural, and effortless for all Singaporeans. It encourages Singaporeans to adopt healthy behaviours by bringing healthy living options to the "doorstep" of every home, workplace, and school by 2020.

### HEALTHY LIVING MASTERPLAN

#### Workplace
- Healthy Workplace Ecosystems e.g. Mapletree Business City, One North, where health programmes (e.g. talks, physical activity clubs) are organized for a cluster of companies

#### Community
- Conducive environments for healthy living, such as screening or Sundays at the Park where residents can participate in free workouts
- Visual Cues to prompt healthy habits such as taking the stairs

#### School
- Healthy Meals in Schools Programme, emphasizing more wholegrains, fruits and vegetables
- Lower sugar content of drinks sold

The **Healthier Dining Programme** to encourage more options for healthier and tasty meals.

### TOBACCO

Reducing the smoking rate is a key MOH priority.

The **I Quit** 28-Day Countdown programme supports Singaporeans who want to quit smoking. They can choose their start date and receive daily SMS tips for 28 days to support them in their quit journey.

New tobacco control initiatives include bans on shisha and emerging tobacco products as well as regulating the display of tobacco products, to discourage impulse purchases and help smokers who are trying to quit.

Together, Towards Better Health For All